



New Jersey Swimming 2019 Junior-Senior State Championship

Hosted by Scarlet Aquatics
at the Werblin Recreation Center, Rutgers University
Held under the sanction of USA Swimming

Meet Sanction #	NJ Swimming Sanction #- NJS020119SC Any changes of the meet information without the approval of the administrative chairman, age group chairman or senior chairman are a violation of the sanction. It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.		
Date of Meet:	Friday February 1st to Sunday February 3rd, 2019		
Location:	Sonny Werblin Recreation Center, Busch Campus, Rutgers University		
Facility Info:	The Werblin competition pool has two 8-lane 25 yard courses, with a minimum depth for diving of 6 feet. There are two auxiliary pools, known as "patio pools" (for warm-up and warm-down), and seating for 850 spectators, including 400 chair-backed seats. The remaining seating is bleacher style. Rutgers University now requires all parked vehicles to be registered with the University Parking and Transportation department. A registration link will be distributed with the Timing & Warm-Up schedule and published at www.besmarttinc.com a week before the meet.		
Pool Certification Statement:	The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming.		
Host Team Contact:	Thomas Speedling	732-742-4600	scarletaquatics@gmail.com
Meet Director:	Ellen Mace	609-558-0988	besmarttinc@gmail.com
Meet Referee:	Perry Novak		perrynovak@optonline.net
Admin Official:	John Lister		besmarttinc@gmail.com
Safety Marshall:	Kyle Gurkovich		kgurkovich@gmail.com
Entry Coordinator:	Be Smartt Inc	609-558-0988	besmarttinc@gmail.com
Entries Open:	Immediately (<i>This is a championship meet and all entries submitted before the closing date will be accepted</i>)		
Entry Deadline:	Friday January 25th, 2019, at 6 pm		
Swimmer Age	Swimmer ages for this meet are as of: February 1st, 2019		
Entry Fees:	Individual Entry: Non-distance Events: \$6.00, Distance: \$12.00		
Meet Course:	Short Course Yards (SCY)		
Meet Format:	<ul style="list-style-type: none"> • This meet will be run as timed finals. • There will be 11-12, 14 & Under, and Open events. • This meet will use the main Werblin pool for competition. If there are sufficient entries, the dive pool may also be used. The number of competition lanes will be adjusted so that there are lanes available for warm-down. The patio pool will not be used in this meet. • There are minimum ("faster than") time standards for this meet. As a New Jersey Swimming Championship Meet, proof of time will be required for all individual entries. (See <i>Entry Times</i> section for details). • This meet will be deck seeded with coaches checking in/scratching all swimmers and relays. When a session has been seeded, swimmers will be responsible for reporting to the blocks on their own. 		
Entry Limits:	Daily: 4 Individual Events	Meet: 11 Individual Events	
Checks Payable To:	Scarlet Aquatic Club		
Email Entry Files To:	besmarttinc@gmail.com		
Checks/Waivers:	Bring to the first session of the meet where the team is competing.		

2019 Junior-Senior State Championships

Friday February 1st

Facility Opens at 4:45pm

Friday Evening Session #1—All Ages

Warm-up: 5:00pm

Meet Start: TBA

Women	Equal/Faster	Age Group & Event	Equal/Faster	Men
#1	5:28.99 5:14.99	12 & Under 400 IM 13-14 400 IM	5:28.99 5:01.59	#2
#3	5:42.89	Senior 500 Freestyle	5:22.89	#4
#5	2:18.09 2:13.19	12 & Under 200 Freestyle 13-14 200 Freestyle	2:16.99 2:07.39	#6
#7	2:45.19	Senior 200 Breaststroke	2:32.69	#8
#9	1:12.99 1:09.19	12 & Under 100 Butterfly 13-14 100 Butterfly	1:11.99 1:08.69	#10
#11	1:05.69	Senior 100 Butterfly	59.89	#12

Saturday February 2nd

Facility Opens at 7:00am

Saturday Morning Session #2—Senior Events

Warm-up: 7:15am

Meet Start: TBA

Women	Equal/Faster	Senior Event	Equal/Faster	Men
#13	1:17.39	100 Breaststroke	1:10.89	#14
#15	57.69	100 Freestyle	52.49	#16
#17	2:26.49	200 Backstroke	2:15.79	#18
#19	5:05.39	400 IM	4:43.89	#20

Saturday Afternoon Session #3—Distance All Ages

Warm-up: TBA

Meet Start: TBA

Women	Equal/Faster	Senior Event	Equal/Faster	Men
#21	19:30.09	1650 Freestyle	19:00.09	#22
#23	11:51.09	1000 Freestyle	11:29.09	#24

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Saturday February 2nd...continued

Saturday Afternoon #4—Junior Events

Warm-up: TBA

Meet Start: TBA

Girls	Equal/Faster	Junior Event	Equal/Faster	Boys
#25	6:04.49 5:49.39	12 & Under 500 Freestyle 13-14 500 Freestyle	5:22.19 5:36.59	#26
#27	33.49	11-12 50 Backstroke	33.49	#28
#29	1:21.69 1:20.09	12 & Under 100 Breaststroke 13-14 100 Breaststroke	1:21.09 1:17.29	#30
#31	2:35.49 2:31.69	12 & Under 200 Backstroke 13-14 200 Backstroke	2:36.29 2:25.49	#32
#33	37.49	11-12 50 Breaststroke	37.79	#34
#35	1:02.49 1:01.39	12 & Under 100 Freestyle 13-14 100 Freestyle	1:02.79 59.99	#36
#37	2:35.89 2:29.29	12 & Under 200 IM 13-14 200 IM	2:33.79 2:23.49	#38

Sunday February 3rd

Facility Opens at 7:00am

Sunday Morning Session #5—Senior Events

Warm-up: 7:15am

Meet Start: TBA

Women	Equal/Faster	Event	Equal/Faster	Men
#39	2:06.69	200 Freestyle	1:56.29	#18
#41	1:05.99	100 Backstroke	1:03.09	#42
#43	2:23.69	200 IM	2:13.99	#44
#45	26.69	50 Freestyle	24.29	#46
#47	2:28.49	200 Butterfly	2:19.69	#48

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Sunday February 3rd (continued)

Sunday Afternoon Session #6—Junior Events

Warm-up: TBA

Meet Start: TBA

Girls	Equal/Faster	Junior Event	Equal/Faster	Boys
#49	1:12.79	11-12 100 IM	1:10.79	#50
#51	28.99	12 & Under 50 Freestyle	28.59	#52
	28.19	13-14 50 Freestyle	27.39	
#53	2:58.69	12 & Under 200 Breaststroke	2:57.69	#54
	2:54.89	13-14 200 Breaststroke	2:43.89	
#55	31.89	11-12 50 Butterfly	31.99	#56
#57	1:11.59	12 & Under 100 Backstroke	1:11.49	#58
	1:08.99	13-14 100 Backstroke	1:06.89	
#59	2:51.99	12 & Under 200 Butterfly	2:48.99	#60
	2:40.99	13-14 200 Butterfly	2:38.79	

Meet Schedule

Friday		Warm-up	Start
Facility Opens at 4:45pm			
Session 1	All Ages	5:00pm	TBA
Saturday		Warm-up	Start
Facility Opens at 7:00am			
Session 2	Senior Events	7:15am	TBA**
Session 3	Distance Events All Ages	TBA**	TBA**
Session 4	Junior Events	TBA**	TBA**
Sunday February 4 th		Warm-up	Start
Facility Opens at 7:00am			
Session 5	Senior Events	7:15am	TBA**
Session 6	Junior Events	TBA**	TBA**

**The detailed session schedule once all entries have been received. It will be e-mailed to all participating team coaches and published on the meet web sites.

Scoring:	<ul style="list-style-type: none"> • Team scoring will be kept. • 16 place scoring will be 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1.
Awards:	<ul style="list-style-type: none"> • Medals will be awarded to the top 6 swimmers in each individual event.
Starts:	<ul style="list-style-type: none"> • 'Fly-over/Over-the-top' starts may be used during this meet. Information will be published in the pre-meet schedule distribution.
Admissions and Programs:	<ul style="list-style-type: none"> • Admission will be \$10.00 per session (morning, distance and finals sessions). • Heat sheets will be available on www.besmarttinc.com and Meet Mobile.
Concessions:	<ul style="list-style-type: none"> • Rutgers will be operating a food and refreshments stand in the hallway.
Vendor:	<ul style="list-style-type: none"> • Metro Swim Shop will be in attendance.
Entry Info:	<ul style="list-style-type: none"> • There will be no refunds after the entry deadline except for events that may be scratched from meet by the Entry Coordinator or Meet Director, or as otherwise directed by NJ Swimming. Entries will be acknowledged within 48 hours of receipt. • Entry forms, verification forms, waiver release, and fees must be received no later than the first session of the meet where the team competes. • Team entries will be considered accepted when the host club accepts the entries. • All entries must be accompanied by e-mailed proof of time (see below). Entries without proof of time will not be accepted. • Special Notice: All entry fees must be paid no later than Session Check-in. If a team fails to make payment by that time all their swimmers may be scratched, at the discretion of the Host Team.
Entry Times:	<ul style="list-style-type: none"> • New Jersey Swimming does not allow 'NT' or 'No Time' to be used as an entry time. • All entry times must be in short course yards. Converted times are permitted. All entry times must meet the minimum standard for Senior States as approved by NJ Swimming. • All entry times must be proved upon meet entry. This may be done via the "Include proof of time" option when generating the meet entry report. • Where the TM proof of time option is not available, separate report(s), detailing where times were achieved must be sent with the entry e-mail. Mailed paper reports are not acceptable. • All entry times must be achieved during the meet qualifying period of January 1st, 2018 through the entry date of the meet.
Entry Amendment Procedures:	<ul style="list-style-type: none"> • Coaches will be permitted to amend in their meet entries for this meet with qualifying times achieved after the standard entry deadline. Teams may send an updated TM entry file by email to the entry coordinator on Monday, January 28th, 2019 that reflects competition results from the weekend of January 26th-27th. No other updates/amendments will be accepted.
Distance Events (1650 & 1000)	<ul style="list-style-type: none"> • Swimmers may swim only one of the 1000 and 1650-yard freestyle events. • The 1000 and 1600 Freestyle events are timed finals. • They will be run fastest to slowest, alternating genders, and events (heat 1 women's 1650, heat 1 men's 1650, heat 1 women's 1000, heat 1 men's 1000...). Depending on the entry numbers, these events may be swum in two pools, separated by gender, where events will also alternate. • Heats of women & men will be combined if needed to conserve time and space. • Swimmers must provide their own timers and counters.
Heat Limited Events:	<ul style="list-style-type: none"> • The 1650/1000 Freestyle events may be limited based on the number of entries. Any swimmer who does not make the cut will be refunded their entry fee or may enter another event, providing they have the necessary qualifying time. • The heat limits, if necessary, will be determined after entries are received and a timeline developed. Coaches will be informed by e-mail if they have swimmers who will not be swimming due to limits.
Swimmer Eligibility:	<ul style="list-style-type: none"> • This is a New Jersey Swimming Championship Meet. As such, only New Jersey Swimming athletes may enter and compete in this meet. • No swimmer will be permitted to compete unless the swimmer is a member of USA Swimming as provided in Article 302. • All transfer swimmer(s) must swim unattached for 120 days from their last attached competition. Swimmers must use an UN- (New Team Alpha Code) as their team affiliation. All Unattached swimmers must be listed on the team's official waiver entry form.

Adaptive Provisions:	<ul style="list-style-type: none"> USA Swimming rules and regulations provides “guidelines for officiating swimmers with disabilities” and any athlete who needs any of these adaptations should provide the Referee with a note stating their name, their specific need, and a list of events in which they need assistance prior to the start of each session's competition. If necessary, this information may be provided by the swimmer's coach or guardians. NJ Swimming will provide all swimmers with disabilities a chance to swim in events for which they have qualified (met the time standards of the meet).
Host Club Responsibilities:	<ul style="list-style-type: none"> The host club will provide a single timer in each lane throughout the meet, except for distance events where swimmers will provide their own timers and lap counters. The host club will e-mail entry verification back to the participating clubs. The host club will create a warm-up schedule that will be fair and equal to all teams. The host club will create timing assignments that are fair and equitable with as many teams participating as possible. Warm-up schedules and assignments, and timing assignments will be e-mailed to all participating clubs and posted on the website www.besmartinc.com no later than 1 week before the meet.
Participating Club Responsibilities:	<ul style="list-style-type: none"> Participating clubs must help with timing assignments. Timing assignments will be e-mailed to participating clubs and posted on the swim meet website: www.besmartinc.com 1 week prior to the meet. Participating club parents must stay off the pool deck except for timing assignments. Parent timers may not use phones/cameras while on the deck. Participating clubs should help with officiating whenever possible. Participating club officials should e-mail the meet referee with their availability for the meet.
Coaches Eligibility:	<ul style="list-style-type: none"> All coaches “on the deck” must be currently registered coach members of USA Swimming. Coaches must show coaching card for entrance to facility. All coaches must have coaching cards visible at all times while on deck.
Officials:	<ul style="list-style-type: none"> Swimming officials from participating teams should contact the meet referee (see page 1) with the sessions when they are able to help. Current USA Swimming and NJS Swimming certification is required for all officials and the Meet Referee will check cards. All officials must wear the standard white and blue uniform. Officials will be required to work the entire session and will receive free admission.
Meet Format Waiver:	<ul style="list-style-type: none"> This meet will be run in accordance to current USA Swimming Rules. The host club has the right to change the format of the meet with the approval of the Administrative vice chair and either the Age Group or Senior vice chair. These changes would be made for a more efficient swim meet for the swimmers and the host club. Reasons for these changes include: <ul style="list-style-type: none"> To allow more swimmers to swim. To conform to facility capacity limits or for facility safety concerns. To condense the meet into smaller time frame. Some of the changes that may be made: 1) add a session, 2) heat limit distance events 3) condense sessions, and 4) swim events in two pools.
Warm-up Procedures:	<ul style="list-style-type: none"> Warm-ups will be run under New Jersey Swimming Warm-up and Safety Guidelines. Teams will be assigned lanes according to the size of their entries, to achieve a fair and comparable warm-up for all swimmers. Swimming equipment is not allowed in the competition pool during all warm-up sessions. This includes kick boards, hand paddles, and pull buoys. Swimming equipment will be allowed in the warm-down pool or warm-down lanes in the dive pool during competition. All swimmers must enter the pool feet first from the starting end of the pool. New Jersey Swimming officials will monitor warm-ups. All general warm-up lanes will swim in a counterclockwise direction.

Check-In:	<ul style="list-style-type: none"> All check-in sheets must be turned into the scoring table 35 minutes before the start of each session. Swimmers that are swimming will have a line through their name. Swimmers that are being scratched will have their names circled with a “SCR” next to the circle. Swimmers scratching a single event will have a line through their name and the event number circled with “SCR” next to the circle. Failure to follow this procedure may result in the swimmer(s) being scratched from the session.
No Show Procedure:	<ul style="list-style-type: none"> No penalty will be incurred for an unscratched swimmer who fails to report to the starting blocks for his/her scheduled event. However, the event will be counted toward the swimmer’s maximum allowable swims for that day. The swimmer may be allowed to swim the event in a later heat or a subsequent event if the swimmer is at the starting end of the pool, ready to swim, and an open lane is available. However, the host club will not schedule an additional heat to accommodate the swimmer.
Internet Website Posting:	<p>Internet location for all meet information: http://www.besmarttinc.com</p> <p>Pre-Meet Information posted on website:</p> <ul style="list-style-type: none"> Meet Information will be posted on the website. Downloadable Hy-Tek Events list (.HYV file) will be posted on the website. List Teams whose entries have been received. List “heat limited” events psych sheet. List Updated meet schedule. List Warm-up Schedule and Team Warm-up Assignments. List Timing assignments. <p>Post-Meet Information posted on website:</p> <ul style="list-style-type: none"> Downloadable Results (Zipped .CL2 & .HY3 files) for TM Printable meet results (.PDF file),
Results:	<ul style="list-style-type: none"> Meet result files for TM will be emailed to all participating teams. Meet results will be posted on the meet website and on the New Jersey Swimming Website: www.njswim.org
USA-S Racing Start Certification Statement:	Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement.
Audio/Visual Recording Statement:	Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
USA-S Deck Change Policy Statement:	Deck changes are prohibited.
USA-S Drone Policy Statement:	Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
Tech Suit/ Swimwear Policy:	Swimwear must conform to USA Swimming Rule 102.8. Only swimsuits complying with FINA swimsuit specification may be worn in any USA Swimming sanctioned or Approved competition. “Tech suits” are not permitted at this meet for 12 & under swimmers. “Tech Suits “are defined, as suits that have bonded seams, kinetic tape, or meshed seams. A list of restricted suits may be found on the NJ Swimming Website; www.njswim.org
Meet Requirement Statement:	In order to be eligible for the NJ Swimming Zone Championship Team or for NJ Swimming Athlete Travel Grants for sectional and national level meets, NJ Swimming policy stipulates certain participation requirements. As a NJ Swimming sanctioned meet, this meet counts toward those participation requirements.
Hotels:	<ul style="list-style-type: none"> Fairbridge Hotel & Conference Center, Davidson Ave, Somerset, 732-356-1700 The Crowne Plaza, 732-716-1175 The Courtyard by Marriott on Davidson Avenue The Doubletree Executive Somerset on Atrium Drive

Directions to Sonny Werblin Recreation Center:

Address: 656 Bartholomew Rd, Piscataway NJ 08854

Garden State Parkway Southbound Turn off at Exit 129 and take the New Jersey Turnpike South. Exit the Turnpike at Exit 9, follow NJ Turnpike directions below.

Garden State Parkway Northbound Turn off at Exit 105 and follow signs for Route 18 North. After approximately 24 miles, you will pass the entrance for the New Jersey Turnpike. Continue on Route 18 North. After approximately 3.7 miles Route 18 will cross the Raritan River. Continue on Route 18 North to the Campus Rd exit ramp on the right. Follow Campus Road to a traffic circle. Turn right at the traffic circle onto Bartholomew Rd. The Recreation Center is on your left.

Interstate 287 Turn off at Exit 9 Bound Brook/Highland Park. Proceed East on River Road towards Highland Park. Continue on River Road and you will pass under the overpass for Route 18. Turn left at the next traffic light onto North. Take the next exit on Route 18 North, Campus Road. Follow Campus Road to a traffic circle. Turn right at the traffic circle onto Bartholomew Rd. The Recreation Center is on your left.

Directions:

New Jersey Turnpike Exit the Turnpike at Exit 9, bear right after the tollbooths and follow signs for Route 18 North—New Brunswick. Stay to the left to continue on Route 18 North. Proceed along Route 18 North. After approximately 3.7 miles Route 18 will cross the Raritan River. Continue on Route 18 North to the Campus Rd exit ramp on the right. Follow Campus Road to a traffic circle. Turn right at the traffic circle onto Bartholomew Rd. The Recreation Center is on your left.

US Route 1 Turn off at exit marked Route 18 North—New Brunswick. Proceed along Route 18 North. After approximately 3.7 miles Route 18 will cross the Raritan River. Continue on Route 18 North to the Campus Rd exit ramp on the right. Follow Campus Road to a traffic circle. Turn right at the traffic circle onto Bartholomew Rd. The Recreation Center is on your left.

Rutgers will have posted signs indicating which of the parking lots are for the swim meet. Please use one of these lots. Rutgers campus police may ticket automobiles that are parked in lots other than those designated for the swim meet!

Rutgers may also ticket vehicles that have not been registered with RU Parking. Please register all vehicles. A link will be provided at www.besmartinc.com one week before the meet.



NEW JERSEY SWIMMING

2019 Junior-Senior State Championships

Hosted by Scarlet Aquatics

Friday-Sunday February 1st – 3rd

Waiver

In consideration of the acceptance of this entry, I/we hereby, for myself/ourselves, my/our heirs, administrators and assigns, waive and release any and all claims against USA Swimming, NJ Swimming, Rutgers University, Eastern Express Swimming, Be Smartt Inc and their staffs for any injuries and/or expenses incurred by me/us at the swim meet, or while on the road to and from the meet. I/we are USA Swimming registered athletes and am/are eligible to compete in all the events I/we have entered.

Meet Verification

I hereby certify that all entered swimmers and coaches listed on the waiver form, for the **2019 Junior-Senior State Championships on February 1-3, 2019** are registered members of USA Swimming. All USA Swimming members are correctly entered according to; Article 302.4 of the USA Swimming Rules and Regulations. False Registration: An LSC may impose a fine of up to \$100 per event against a member coach or a member club’s representative signing a document which indicates a swimmer is registered with USA Swimming for a meet when that swimmer is not properly registered or eligible to compete for that club. This will be enforced by the LSC and the LSC will be entitled to the fines imposed.

Also, I acknowledge that deck access is limited to coaches and/or officials working the meet and displaying their credentials.

Club Name/Club Code _____

Signature of Coach and/or Parent/Guardian _____

Telephone _____ E-Mail Address _____

Name(s) of Coach(es): _____

Name/E-Mail/Phone Number of person to contact regarding this entry: _____

Entry Fee Summary:	_____ Timed Final Individual event entries @ \$6.00 =	\$_____
	_____ 1000/1650 Timed-Final individual event entries @ \$12.00 =	\$_____
	Total:	\$_____

Make checks payable to: **Scarlet Aquatic Club**